

Pre School - School terms

Monday - Wednesday - Friday 9 to 12.30
Tuesday and Thursday 9 to 3.00

Contact: 07519 179297

Karate

Tuesday and Friday evenings

Contact: Phil Harris 01529 305590

Aikido

Monday 6 - 8

Contact: Lee Mitchell 07521 329864
Sleafordeiryukanaikido@gmail.com

Weight Watchers

Thursday evening

Contact: Andrea 07794 542383

Slimming World

Saturday morning

Contact: Chris Brankin 07976 901343

Move Forward Fitness

Wednesday 6.15 - 8.15

Contact: Sally Butler 07980466734

PLEASE NOTE

These are independent users of Quarrington Community Hall. Please contact them direct to ask for details of their activities and groups